

Friday Distance – September 30, 2016
IMX/IMR Challenge – October 1 – 2, 2016
Academic Village Pool, Pembroke Pines, Florida

Sanctioned by: Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc. Sanction No. **FGI093016SOFL-B-27**

Hosted by: South Florida Aquatic Club and Comets Swim Team Booster Club

Location: **Academic Village Swimming Pool.** 17191 Sheridan Street, Pembroke Pines, FL. Enter from 172nd and free parking is located at the West end of the swimming pool.

Directions: **Coming from the North:** Take I-595 West to I-75 South. Take the Sheridan Street WEST Exit 11B. Drive about 1 mile, and make a right at 172nd Ave. Academic Village is on the RIGHT hand side. **PLEASE TAKE 2ND ENTRANCE INTO FACILITY.**

Coming from the South: Take SR-826 South to I-75 North. Take the Sheridan Street WEST Exit 11B. Drive about 1 mile, and make a right at 172nd Ave. Academic Village is on the RIGHT hand side. **PLEASE TAKE 2ND ENTRANCE INTO Facility.**

Date & Time:

Date	Session	Warm-up	Meet Start
Friday, September 30 th	I	4:30 pm	5:30 pm
Saturday, October 1 st	II	7:30 am	8:30 am
Saturday, October 1 st	III	TBA *	TBA *
Sunday, October 2 nd	IV	7:30 am	8:30 am
Sunday, October 2 nd	V	TBA *	TBA *

*** Afternoon sessions will start approximately one hour following the conclusion of the morning session, but no earlier than 11:30am. We will announce the starting times for the afternoon sessions on Tuesday September 27th, 2016.**

All events are timed finals. Meet director reserves the right to change meet warm-up and start times in order to hold an efficient meet within USA Swimming/FGC guidelines and with Age Group Chair approval.

Rules: 2016 USA Swimming and FGC rules will govern this meet. Safety rules as outlined by USA Swimming and as recommended by the referee, will be in effect.

Pool/Timing: 25 Yard x 50 meter heated outdoor pool, 10 **short-course** racing lanes with separate warm-up and swim-down lanes available. The competition course has been certified in accordance with 104.2.2 (C). Fly-over starts will possibly be used. Water depth at competition start end of pool varies from 6'7" to 8'6" depending on lane assignment, in accordance with 202.3.7©. Colorado Timing System® will be used.

Deck Changing: Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited

Closed Deck: Spectators will only be permitted in designated areas of the pool deck unless they are registered with USA swimming as an athlete or as a non-athlete and are working the meet. The only exception is for timers and volunteers assisting with the conduct of the meet.

Coaches:- You will be permitted inside the roped off areas of the deck provided you are wearing your coaching credentials, and do not interfere with those conducting the meet.

Camera Free: The Florida Gold Coast Swimming **CAMERA FREE ZONE** policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

Eligibility: Open to all current 2016 USA swimming registered athletes and foreign athletes with proper travel credentials who have been invited by USA Swimming. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3. The Meet Host **WILL NOT** be accepting new or renewing USA Swimming registrations at the meet. Swimmers who are not registered with USA Swimming by 12:00pmth Thursday September 29th, 2016 will not be seeded. Such swimmers who subsequently become USA Swimming registered will be permitted to deck enter open lanes in accordance with the deck entry policy.

Disability Athletes: All swimmers are welcome at this meet. Any athlete with a disability will be accommodated. Please contact the pool office ahead of time to allow for preparations - 954-538-3721--
info@swim4comets.com

Officials: If you know that you will be attending this meet and will be available, please email the meet referee, Allan Golding (allan.c.golding@comcast.net), and let him know your level of certification and team. This is for pre-meet planning purposes only. All officials are welcome to work. Check in at the Starter's tent 45 minutes before the start of the session.

Entry: The entry deadline is 12:00pm on **Monday, September 26th, 2016**,
PLEASE enter electronically, NO MAILED entries.
For electronic entries (CL or SDIF format only!!)
E-mail to info@swim4comets.com fax (954) 392-4107
Confirmation for electronic entries will be sent via e-mail.
**Submission of electronic entries signifies that all swimmers are USA
registered. Questions, please contact office at (954) 538-3721.

NOTE: Swimmers without registration numbers or birth dates will not be entered. * Entry Fees will be double if not entered electronically.**

Entry Fees: \$3.50 per individual event
Facility Surcharge: \$5.00 per swimmer
***Entry fees are made payable to "Comets Swim Team" (note: one check per team) If meet fees are paid by credit card there will be a 2% surcharge**

Late Entries: Late entries will be accepted at meet management discretion between
12:01pm Monday September 26th, 2016 and 12:00pm Thursday
September 29th, 2016. PLEASE enter electronically (CL or SDIF format).
E-mail to info@swim4comets.com. Late entries must be accompanied by
proof of USA Swimming registration in order to be seeded.

Deck Entries: THE FGC DECK SEED POLICY WILL BE IN EFFECT. Deck
entries will be permitted into open lanes on a first-come-first-serve basis
from 12:01pm on Thursday September 29th, 2016 until 30 minutes prior
to the start of the session for the event in question. Deck entry requests
may be made by email or in person at the meet. Please email deck entry
requests to officemanager@swim4comets.com. Fees for deck entries will
be twice the standard entry fees. Deck entries must be accompanied by
proof of USA Swimming registration in order to receive a lane assignment.

Refunds: Once a team or individual entry has been received and
processed, there will be no refunds in full or in part except as provided
below.

Entry Limit: Four (4) events per day

Awards: **12 & under swimmers only:** Individual: Medals 1-3. Ribbons 4-10

IMR/IMX Awards: First Place: **IMR** – 10 & Under - Female / Male
IMX – 10 & Under, 11, 12, 13, 14, 15 & Over - Female /
Male

IMR/IMX Events: **IMR** = (10 & Under) – 100 IM, 100 Free, 50 Back, 50 Breast, 50 Fly
IMX = (10 & Under) – 200 IM, 200 Free, 100 Back, 100 Breast, 100
Fly
IMX = (11-12) – 200 IM, 500 Free, 100 Back, 100 Breast, 100 Fly
IMX = (13 & Over) – 200 IM, 400 IM, 500 Free, 200 Back, 200
Breast, 200 Fly

400 IM / 500 Free: Positive check in **is not** required. These events will be swum combined ages, alternating women then men, fastest to slowest.

1000 Free: Positive check in **is** required. Check in will close at 4:30pm on Friday September, 30th, 2016. The fastest eighty (80) men and the fastest eighty (80) women who check in will be seeded. Swimmers who check in but are cut from the event will have their entry fee refunded. There will be no penalty for failing to compete after previously checking in. This event will be swum alternating women then men, fastest to slowest. Swimmers **must provide their own timer and counter** as needed.

Meet Director: Luis Soler – Facilities: Andrea Golding – Volunteers:

Head Referee: Allan Golding

Admin. Official: Nestor Mateus

Meet Committee: A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet, such as severe weather and equipment issues.

Admission: Admission - \$3.00 Heat Sheets - \$3.00

Information: Call the Comets Swim Office at (954) 538-3721

Order of Events

Girls=Odd / Boys=Even

Distance

Session I Friday, September 30th, 2016 @ 5:30pm

Event #	Age Group	Event
1-2	Open	1000 Free ^*

^ Positive check in required. Check in will close at 4:30pm on Friday September, 30th, 2016.

There will be no penalty for failing to compete after previously checking in.

* The 1000 free will be swum fastest to slowest, alternating women – men.

IMX/IMR Challenge

Session II Saturday, October 1st, 2016 @ 8:30am

Event #	Age Group	Event
3-4	10 & Under	100 IM
5-6	12 & Under	200 IM
7-8	10 & Under	100 Free (IMR)

9-10	10 & Under	200 Free (IMX)
11-12	11-12	500 Free *

*The 500 Free will be swum fastest to slowest, alternating women – men.

Session III Saturday, October 1st, 2016 @TBA

Event #	Age Group	Event
13-14	13 & Over	200 Back
15-16	13 & Over	200 Breast
17-18	13 & Over	400 IM *

*The 400 IM will be swum fastest to slowest, alternating women – men.

Session IV Sunday, October 2nd, 2016 @ 8:30am

Event #	Age Group	Event
19-20	10 & Under	50 Back
21-22	12 & Under	100 Back
23-24	10 & Under	50 Breast
25-26	12 & Under	100 Breast
27-28	10 & Under	50 Fly
29-30	12 & Under	100 Fly

Session V Sunday, October 2nd, 2016 @TBA

Event #	Age Group	Event
31-32	13 & Over	200 Fly
33-34	13 & Over	200 IM
35-36	13 & Over	500 Free *

*The 500 Free will be swum fastest to slowest, alternating women – men.